

FACTOR NOTES

BROUGHT TO YOU BY THE SOUTHWESTERN OHIO HEMOPHILIA FOUNDATION

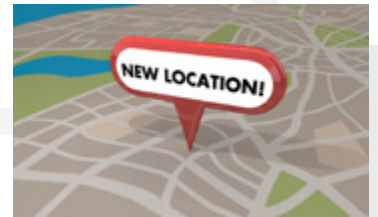


2023 ISSUE #3

SOMETIMES CHANGE IS GOOD

A few changes to mention this year: **SWOHF has moved!** Our new address is 11 West Monument Ave. Dayton 45402. Our phone and email address remain the same 937-298-8000 and director@swohf.org and our website www.swohf.org

So, you know how to contact us, do we know how to contact you? If your email has changed or you aren't receiving SWOHF emails, please let us know. It is the best way to stay connected to the services and educational opportunities that are available to you.



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**SOUTHWESTERN OHIO
HEMOPHILIA FOUNDATION**
11 West Monument, Suite 605
Dayton OH 45402

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www.swohf.org

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NATIONAL
BLEEDING DISORDERS
FOUNDATION
Formerly NHF

Another Big Change: NHF is now NBDF, The National Bleeding Disorders Foundation. While hemophilia remains a major focus, the name change ensures that all people with VWD and rare/ultra rare deficiencies know they can find a home within NBDF. Please consult their website for further information www.nhf.org

UPCOMING EVENTS

SWOHF Women's Day Together

The Golden Lamb
November 11, 2023
11:30 a.m. - 3:00 p.m.
President's Dining Room
27 S. Broadway St. Lebanon, OH

Featuring Anna Bell, LICSW
Returning to continue the conversation
Growing Stronger: A Deeper Dive
plus a "Scent-sational"
Holiday Potpourri Craft

Register online today at swohf.org
Questions? email director@swohf.org
or call 937.298.8000
Limited capacity: Register by November 3



NOVEMBER 11

Women's Day Together brings us to The Golden Lamb for yet another festive and fantastic day of community building. Once again, Anna Bell, LICSW will return as our speaker. In addition, we will enjoy a delightful lunch, create a special holiday craft, and enjoy a night on the town in beautiful downtown Lebanon. Capacity is limited so register ASAP. Partial Funding provided by the Colburn-Keenan Foundation.

CAMP BOLD EAGLE was the place to be in the Summer of 23!



My Factor Fam is the first email program of its kind, dedicated to meeting the unique needs of people using or thinking about using factor to manage a bleeding disorder.



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Helpful Resources



Useful Tips



Real Stories

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2023 BRAD MILLER MEMORIAL SCHOLARSHIP

The Southwestern Ohio Hemophilia Foundation (SWOHF) has awarded the 2023 Brad Miller Memorial Scholarship to **Chloe Henninger**. Chloe, a senior at Wright State University, is majoring in Early Elementary Education with the goal of becoming a kindergarten teacher. "I chose kindergarten because I feel I work best with that age of kids," stated Chloe. Chloe describes finding this passion while working with the younger campers as a Counselor in Training at Camp Bold Eagle in Michigan.

Chloe's application detailed her many educational achievements along with her impressive history of volunteerism. Chloe and her family have volunteered at numerous SWOHF events over Chloe's lifetime. Chloe intends to continue her lifelong commitment to the bleeding disorder community. "I would like to stay involved and make sure I can help others with their bleeding disorders, like members of the bleeding disorder community did for me," states our scholarship winner.

The \$2000 Brad Miller Memorial Scholarship is awarded annually to a student with a bleeding disorder that is



attending post-secondary education at a college, university, or trade school. This scholarship was created to honor the late Brad Miller who lived a full but shortened life with severe hemophilia. Awardees of the scholarship honor Brad's life and legacy by working hard at their educational goals.

The timeline and specifics of the application process are detailed annually in the SWOHF's Spring newsletter, *Factor Notes*. The scholarship committee thanks all who applied and wishes each great success with their educational endeavors.

BDA 5K



The Southwestern Ohio Hemophilia Foundation was pleased to host the **13th Annual Bleeding Disorder Awareness 5K** on September 16, 2023. Those who participated enjoyed seeing familiar faces and welcoming new ones. The BDA 5K is known for bringing family, friends and the community together to support and encourage those affected by a bleeding disorder. Over 120 individuals supported the event and 112 individuals participated in person or virtually. All involved showed commitment to their own health, as well as increasing the quality of life of individuals and families affected by a blood disorder. Participants walked and ran, virtually at a location of their choosing or in person at Rice Field/ Greater Miami Valley Metro Park bike path. The 13th Annual BDA 5K raised over \$15,000. All funds will go directly to support the vision and mission of the Southwestern Ohio Hemophilia Foundation. We truly appreciate everyone who participated and donated to make this day a great success.

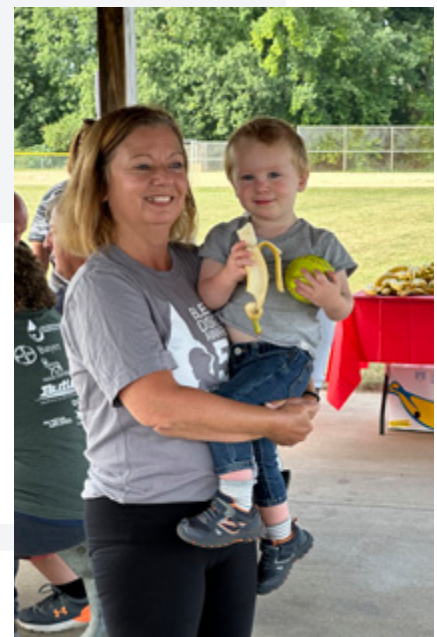
Medals and prizes went to overall first place winners, male and female, and for six age categories. The times and effort were impressive! Congratulations to Jim Clouse (22:46) and Cassandra Clouse (25:02) the overall 1st place winners. Age group winners included: George Carlson, Jeff Clark, Melodie Eads, Paul Clark, Gina Miller, Stella Kramer, Stephanie Skelley, Nicole Paroz, Bryce Paroz, John Kaeser, Josh Miller, David Kramer and Lindsay Carlson.

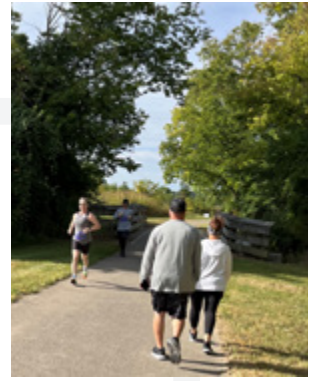
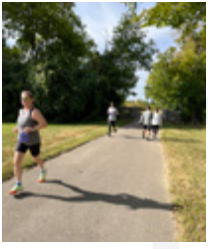
We also want to congratulate the recipients of the You Make a Difference Award: Graham Carlson and Elaine Esposito.

A special thank you to the sponsors of the event: Cascade Hemophilia Consortium, Takeda, CSL Behring, Octapharma, Butler Heating and Air Conditioning, Martin Welding, Elite Iron, Environmental Doctor, New Lebanon Body & Frame, Peppi's Iris Garden.

Thank you to the volunteers: Carolyn Brown, Steve Brown, Teresa Howard, Katie Justice, Suzi Justice, Betty Wyatt, Angie Morgan, Sheila Hobbs, Zander Vanover and Barry Linder.

Submitted by Dena Shepard



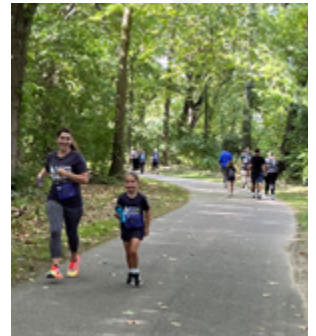


BLEEDING DISORDER AWARENESS
5K Walk / Run 2023



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Antihemophilic Factor (Recombinant)

GETTIN' IN THE GAME

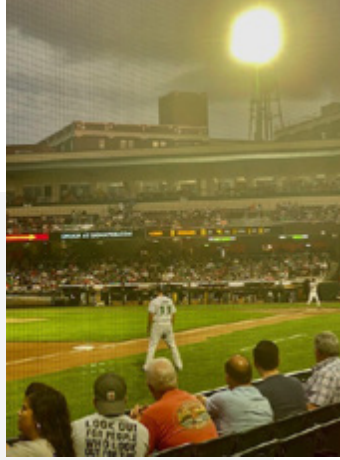


It was a beautiful weekend in October when school age children across the country descended upon Henderson, Nevada to participate in the Gettin' in the Game Junior National Championship presented by CSL Behring. This year we were able to send three from the SWOHF community. Graham Carlson, Bentley Shawen, and Allison Shawen. Attendees were able to enjoy sessions for baseball, basketball, golf, and swimming. In addition, professional golfer Perry Parker was on hand to provide some informative tips on improving Graham's golf game. The pictures tell the story ... a memorable weekend was had by all.



FAMILY FEST 2023

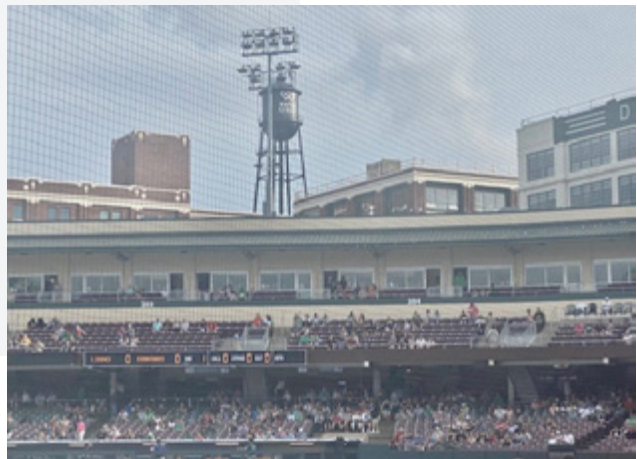




SPECIAL THANKS TO OUR 2023 FAMILY FEST SPONSORS



GRANT FUNDS RECEIVED FROM:



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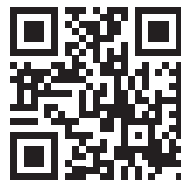
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Dedicated Professionals.**

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www.alprolix.com

MEDICAL IDs

In collaboration with Dayton Children's HTC, SWOHF has recently switched to a new provider for our Medical ID's. We are happy to announce our partnership with American Medical ID. They offer a great variety of quality products at a discount to Chapters. Additionally, their Customer Service is exceptional, their shipping is fast and their prices are significantly less than MedicAlert (our previous supplier).

Free products are included with every order: An emergency medical ID card, a small ID charm and an exclusive engraved rectangular "InCase" phone ID that easily attaches to your cellphone case or any flat object, such as a suitcase, briefcase or laptop.

SWOHF is grateful for grant funding and donations that facilitate these purchases on behalf of our Greater Dayton Bleeding Disorders Community. So when you go to the HTC for your next visit, you can view sample products available and complete a form to request a new bracelet or necklace according to Chapter guidelines.



[Phone not included]

CONTACT US



DO WE HAVE YOUR EMAIL?
DON'T MISS OUT ON
PROGRAM UPDATES.



11 WEST MONUMENT, SUITE 605
DAYTON, OH 45402



937-298-8000

WE WANT TO HEAR FROM YOU!

MISSION STATEMENT

SWOHF helps improve the quality of life for those affected by hemophilia, von Willebrand disease, and other bleeding disorders by providing support education, networking, advocacy, and services to individuals, their families and the community.

EXECUTIVE DIRECTOR

Joy Linder, joy@swohf.org

DISCLAIMER

The material provided in Factor Notes is for your general information only. SWOHF does not give medical advice or engage in the practice of medicine. SWOHF under no circumstances recommends particular treatment for specific individuals, and in all cases recommends that you consult your physician or treatment center before pursuing any course of treatment.

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